



District Curriculum Maps

District Curriculum Maps

Health - Grade 2

Health - Grade 2

Caring for My Teeth

- ✘ IDENTIFY PARTS OF THE TOOTH
- ✘ EXPLAIN WHY CHILDREN LOSE TEETH
- ✘ DIFFERENTIATE BETWEEN PRIMARY AND PERMANENT TEETH
- ✘ RECOGNIZE THE IMPORTANCE OF BRUSHING AND FLOSSING
- ✘ DESCRIBE FOODS THAT BUILD STRONG TEETH - OR KEEP TEETH HEALTHY
- ✘ IDENTIFY DECISION-MAKING STEPS
- ✘ USE DECISION-MAKING SKILLS TO MAKE DECISIONS ABOUT TOOTH CARE
- ✘ IDENTIFY THE SERVICES PROVIDED BY DENTISTS AND DENTAL HYGIENISTS
- ✘ EXPLAIN HOW CAVITIES ARE FORMED AND REPAIRED

Content Standards

- Topic, theme, or concept
 - ✓ BENCHMARK SKILL-A GRADE OR COURSE LEVEL EXPECTATION THAT ALIGNS WITH THE DISTRICT-WIDE ASSESSMENTS
 - ✓ Critical Skill-A skill on which a teacher spends a significant amount of time but may not be covered on a district-wide assessment.



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Staying Fit and Healthy

- ✘ IDENTIFY WAYS TO FIGHT GERMS BY KEEPING CLEAN
- ✘ RECOGNIZE THE VALUE OF THE SENSE OF SIGHT
- ✘ IDENTIFY WAYS TO CARE FOR AND PROTECT THE EYES
- ✘ RECOGNIZE THE IMPORTANCE OF THE SENSE OF HEARING
- ✘ EXPLAIN THE EFFECTS OF EXERCISE ON THE BODY
- ✘ IDENTIFY WAYS TO EXERCISE
- ✘ IDENTIFY WAYS TO EXERCISE SAFELY
- ✘ IDENTIFY EXERCISE AS A WAY TO MANAGE STRESS
- ✘ APPLY STRESS-MANAGEMENT SKILLS TO STRESSFUL SITUATIONS
- ✘ EXPLAIN THE EFFECTS OF SLEEP ON THE BODY
- ✓ Explain ways to care for and protect the ears

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Food for Health

- ✘ DEFINE ENERGY
- ✘ IDENTIFY WAYS THE BODY USES ENERGY FROM FOOD
- ✘ IDENTIFY HEALTHFUL CHOICES FOR LUNCH
- ✘ IDENTIFY FOODS HIGH IN FAT, SALT, AND SUGAR AS THOSE TO BE EATEN SPARINGLY
- ✘ IDENTIFY FOOD SHOPPING AS A TIME TO MAKE HEALTHFUL CHOICES
- ✘ EXPLAIN HOW TO CHECK THE INGREDIENTS LIST FOR NUTRITIONAL CONTENT
- ✘ USE DECISION-MAKING STEPS TO CHOOSE HEALTHFUL SNACKS
- ✓ Identify steps for making decisions

Staying Well

- ✘ NAME WAYS TO AVOID SPREADING GERMS AND ILLNESS
- ✘ IDENTIFY TWO DISEASES SPREAD BY GERMS
- ✘ DESCRIBE SYMPTOMS OF HEAD LICE
- ✘ IDENTIFY WAYS TO PREVENT TRANSMISSION OF HEAD LICE
- ✘ DEFINE ASTHMA AND ALLERGIES
- ✘ DISTINGUISH BETWEEN ASTHMA OR AN ALLERGIC REACTION AND THE PRESENCE OF A COMMUNICABLE DISEASE

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Keeping Safe

- ✘ IDENTIFY STEPS IN HOME FIRE-PREPARATIONS
- ✘ DEMONSTRATE THE STOP, DROP, AND ROLL PROCEDURE
- ✘ IDENTIFY STRANGERS
- ✘ EXPLAIN STEPS FOR AVOIDING DANGER WITH STRANGERS
- ✘ RECOGNIZE THE ROLE OF RULES IN MAINTAINING SAFETY
- ✘ IDENTIFY RULES FOR STAYING SAFE IN SCHOOL AND ON THE PLAYGROUND
- ✘ IDENTIFY WAYS TO RESOLVE CONFLICTS
- ✘ APPLY CONFLICT-RESOLUTION SKILLS TO REDUCE RISK OF INJURY
- ✘ EXPLAIN HOW TO CROSS STREETS SAFELY
- ✘ RECOGNIZE RESPONSIBILITY FOR SAFETY IN A CAR
- ✘ IDENTIFY WAYS TO STAY SAFE WHILE RIDING IN A CAR
- ✘ IDENTIFY WAYS TO STAY SAFE WHILE RIDING A BIKE
- ✘ IDENTIFY WAYS TO STAY SAFE WHILE SKATING OR SKATEBOARDING
- ✘ IDENTIFY WAYS TO STAY SAFE AROUND ANIMALS
- ✘ EXPLAIN THE APPROPRIATE STEPS IN TREATING AN ANIMAL BITE
- ✘ DEFINE FIRST AID AND TELL WHEN IT IS NEEDED
- ✘ IDENTIFY FIRST AID MEASURES FOR A CUT

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